# LifeSpan | PRO series

COMMERCIAL TREADMILLS: TR7000i, TR8000i

imple to use and proven effective.

At LifeSpan we have the products that you need to support an active and healthy lifestyle anytime and anywhere. Whether you prefer to exercise at home, at work, at commercial facilities like Medical Fitness Centers, Corporate Fitness Centers, Schools, Hotels or outdoors, LifeSpan has the products to help you stay active and fit.

Recent research shows that even if we meet the minimum daily recommended amount of exercise, we are still at risk of many chronic conditions due to our sedentary lifestyles. For optimum health and wellness, physical activity needs to be incorporated into all aspects of our lives.

LifeSpan equipment and accessories are integrated with the LifeSpan Fitness Club, a health and fitness management solution. This online solution tracks and summarizes all of your activity in one simple account. You can save your exercise results on a USB Flash drive, use our activity monitor with flip USB jack, manually log results, or use one of our Bluetooth apps to automatically log and track your exercise results from Bluetooth enabled LifeSpan fitness equipment.

Indoors, outdoors, at home, at work or in the gym, LifeSpan has the products that support an active and healthy lifestyle.



Our integrated solution lets you manage your health and fitness from the convenience of a personal computer or tablet. Not just a web site to log exercise, the LifeSpan Fitness Club is a medically based program that's designed by fitness professionals and follows American College of Sports Medicine protocols to ensure that proven techniques are followed. Some of the features include:



#### SOCIAL SUPPORT

Join a team or set up your own team as a team capton. Track your progress and the progress of your team members. Communicate directly with your team to challenge or help keep them motivated.



## **RESULTS AND REPORTS**

Graphically track your results for Health Metrics, Exercise and progress against a Goal. Your results can be logged manually, with USB upload, or using one of our apps.



## WORKOUT PROGRAMS

Select Workout Calendars that match your profile and exercise preferences. Download your program to one of our apps and your daily workout will be automatically selected by our Bluetooth enabled equipment.



# ASSESSMENTS

Identify your Barriers to Exercise and how to overcome those barriers, graphically view your Heart Rate Training Zones, and understand your Metabolic Rate and the impact of activity levels.



## **REAL COACHES**

Our certified trainers and coaches are available to provide motivation and answer your questions one on one.

CONSOLE FEATURES				
	Display	Large 6.5" backlit LCD screen with scrolling alphanumeric messaging, program profile showing workout progress, and simultaneous display of all readouts Three additional LED displays with readouts for time, speed, and incline		
	Readouts	Program name, date and time, speed, incline, distance, calories, steps, heart rate and		
	Programs	Two heart rate control programs, and 17 programs grouped by exercise motivation fo weight loss, healthy living, and sports training		
	Quickstart	Yes		
	USB Ports	2 USB ports to automatically save your exercise data and charge your wireless mobile device simultaneously		
	Bluetooth	Wirelessly connect to your supported iOS tablet for additional console functionality a control including graphical heart rate tracking, elevation change, and average heart r		
	Heart Rate	Grip pulse and heart rate telemetry		
	Media Holder	Book, magazine, and tablet computer holder		
	Intelli-Key™	Button lighting system prompts users through program set-up and operations		
	Emergency Stop	Magnetic safety clip, when disengaged, immediately turns off power, bringing the treadmill to a gentle stop		
	Units of Measure	Standard and metric settings		
	Language Support	English		

# MECHANICAL FEATURES

Speed	0.5 - 12.0 MPH / 0.8 - 20.0 KPH
Incline	0 - 15%
Running Surface	22″W x 62″L / 56cm W x 157.5cm L
Belt	Low maintenance, multi-ply polyester belt with a PVC non-slip surface
Drive Motor	3.5 HP continuous duty AC
Incline Motor	1,000 lbs. maximum lift
Rollers	3" crown rollers keep belt centered
Deck Suspension	Independent shock absorbers
Deck	1" melamine laminated reversible deck medium-density fiber board
Power Requirement	110 - 120 VAC / 220 - 240 VAC (depending on country standard)
Dimensions	80.5″ L x 33.25″ W x 61″ H / 204.5cm L x 84.4cm W x 154.9cm H
Net Weight	368 lbs. /167 kg
Gross Weight	390 lbs. /176.9 kg
Max. User Weight	400 lbs. /181 kg
Medical Handlebars	Optional





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	Quickstart	Yes			
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	Media Holder	Book, magazine, and tablet computer holder			
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	Emergency Stop	Magnetic safety clip, when disengaged, immediately turns off power, bringing the treadmill to a gentle stop			
	Units of Measure	Standard and metric settings			
	Language Support	English			

# MECHANICAL FEATURES

Speed	Forward: 0.1 to 12.0 MPH / 0.1 to 20.0 KPH
	Reverse: -0.1 to -3.0 MPH / -0.1 to -5.0 KPH
Incline	3% decline to 12% incline
Running Surface	22″W x 62″L / 56cm W x 157.5cm L
Belt	Low maintenance, multi-ply polyester belt with a PVC non-slip surface
Drive Motor	5 HP permanent magnet AC
Incline Motor	1,000 lbs. maximum lift
Rollers	3" crown rollers keep belt centered
Deck Suspension	Independent shock absorbers
Deck	1" melamine laminated reversible deck medium-density fiber board
Power Requirement	110 - 120 VAC / 220 - 240 VAC (depending on country standard)
Dimensions	80.5″ L x 39.5″ W x 61″ H / 204.5cm L x 100.3cm W x 154.9cm H
Net Weight	378 lbs. /171.5 kg
Gross Weight	Box 1: 400 lbs. /181.4 kg
	Box 2: 52 lbs / 23.6 kg
Max. User Weight	500 lbs. /226.8 kg



Warranty	Residential	<b>Commercial</b> Up to 6 hours per day (TR7000i) Up to 10 hours per day (TR8000i)
Frame: Motor:	Lifetime Lifetime	10 Years 5 Years
Parts:	5 Years	5 Years
Labor:	2 Years	1 Year

LifeSpan

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